



## Week 2 Newsletter!

### Dear Parent,

We had another successful week in Quad Squad Junior. Our theme for the class was to discuss what bugs us, and how we should react in those situations. We started class with a check-in to see how the children were feeling and how their weeks had been so far. Then we had snack and played Would you Rather. This game is played by presenting two choices (for our purposes they are both positive) and then you choose which choice you would rather. The kids love this game got really into it. They were able to come up with really creative Would you Rather questions.

After snack, students went on a scavenger hunt for little plastic bugs hidden in the room. They were supposed to find seven bugs, but they couldn't find the last one. They were a little disappointed about this at first, but we all talked about how there wasn't much to be done in this particular situation. We then discussed that even though we weren't so happy about it, it didn't ruin our day.

Then we each drew bugs on paper and then wrote all of the things that "bug" us around it. We all listed that NOT finding the last bug earlier in the class bugged us. Then we reviewed each person's list. The reason why this activity is important is so your child can begin to gain a perspective about the world around them. The students are starting to understand that it's okay for everyone to have different beliefs and thoughts. Talking about what bothers us is another way to build a community in our classroom of understanding and perspective taking. This game was a perfect segue into our Social Thinking ® concept of Thinking Thoughts and Feeling Feelings that will be introduced this coming week.

We finished class with a round of a "Rose, Bud and Thorn," which helps everyone reflect on their experiences and to share them with one another, our roses, being favorite or best part of class, bud being something new and exciting, and thorn being something we want to work on for next time.

This Wednesday, we will have a new teacher joining us, Stephanie Grayson. Teacher Carly will be taking the rest of the semester off to continue working on her school program at NYU for psychology. We will miss Carly, but welcome Stephanie to Quad Squad Jr.!

Sincerely,  
Kacie and Carly

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Welcome our new teacher!

**Stephanie Grayson** came to The Quad Manhattan in 2016 as a psychosocial intern and received her Bachelor of Arts in Psychology from Bucknell University. She returned this summer as the chief of interns and is now employed at The Quad Preparatory School as a psychosocial teacher. She has worked with twice exceptional, intellectually and developmentally disabled, sick, grieving, and neurotypical children and adolescents in camp, school, recreational, and hospital settings. Stephanie is passionate about helping children to ensure their strengths are maximized and that they reach their full potential.



## Still spots left!

The Quad Manhattan after school program still has spaces left in Capoeira Brazilian Martial Arts, Strategy Games, and our Quad Squad groups. Forward this letter to your school guidance counselor, psychologist, or outside therapy centers who may know a 2e child in need of a social skills group!

Thanks for reading!